

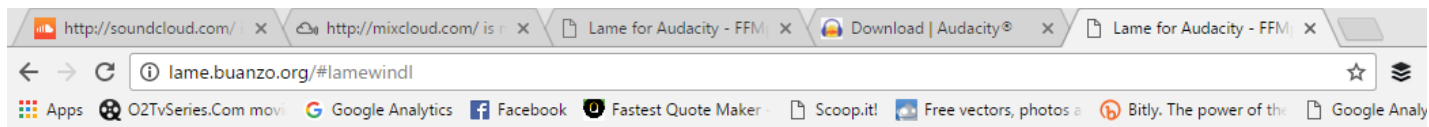
HOW TO LAUNCH YOUR PODCAST & GAIN TRACTION IN 7 DAYS OR LESS



HOW TO CREATE YOUR FIRST EPISODE

- *Once you're done with recording, transfer the file with your USB to your laptop. Open up Audacity on your laptop, and let me show you how to turn it into a listenable file.*
- *What To Do:*
 1. *Export your file as an mp3 file.*

Download LAME Encoder if you have not done so.



TO DOWNLOAD Lame and FFmpeg for Windows, click links BELOW:

If Audacity does not detect LAME, download the ZIP option, extract the files inside to a well known folder, then open Audacity, go to Library Preferences and configure it to search on the well known folder you extracted the files to.

NOTICE: As of 2014-June-27 Clam Antivirus is showing a false positive for Lame_v3.99.3_for_Windows.exe - Thanks user J.Garcia por contacting me. FILE IS SAFE, but always check your downloaded files with www.virustotal.com.

[Lame v3.99.3 for Windows.exe](#) - (SHA256 SUM [here](#))

ZIP OPTION:

[libmp3lame-win-3.99.3.zip](#) (Issues? Some help [HERE](#))

If you need a newer version of Lame, here is [v3.99.5 in a ZIP file](#), known to work with Audacity 2.x. You can also find [3.98.2](#) that is known to work with 1.3.x

FFmpeg 2.2.2 Binary for Windows, compatible with Audacity 2.0.6 and later (please update, or use v0.6.2 below)
(Lame is right ABOVE, this is ffmpeg):

[ffmpeg-win-2.2.2.exe](#) - (SHA256 SUM [here](#))

ZIP OPTION: [ffmpeg-win-2.2.2.zip](#)

FFmpeg 0.6.2 Binary compatible with Audacity 1.3.13 to 2.0.5 only, on Windows:

[FFmpeg v0.6.2 for Audacity on Windows.exe](#) - ([ZIP version - here](#))



THANK YOU

Dayo Samuel

dayo@audacity2lead.com

Audacity2Lead.com

